

Chris Goodwin won the under 20 junior men's prize at the Farndon 10k Road Race. The talented West Cheshire AC youngster covered the 6.2 miles course in a time of 36 minutes eight seconds and finished sixth overall behind eventual winner, Steve Crowe (Ellesmere Port Running Club) who posted 33:50.

Other West Cheshire AC finishers included Andrew Blair (46th in 40:15), Neil Hershaw (54th in 41:10), Jonathan Goulding (59th in 44:56), and Neil McIntyre (113th in 45:00).